

Infant Toddler Program's Medicaid DD Services Definitions and Provider Qualifications

The Infant Toddler Program (ITP) has an Early Intervention Medicaid provider agreement to deliver developmental disability services to children birth to three years of age. The purpose of this agreement is to receive reimbursement for applicable Part C early intervention services ITP delivers to children who meet Medicaid's developmental disabilities criteria.

The ITP is identified as the payer of last resort based on Part C of the Individuals with Disabilities Education Act (IDEA) and was designed to rely on other funding streams to support the program. Therefore, ITP relies greatly on Medicaid funding to ensure a sustainable program.

The DD services provided by ITP for Medicaid reimbursement include:

- Family Education
- Interdisciplinary Training

Family Education and Interdisciplinary Training align with evidence-based treatment for children birth to three years of age.

Family Education and Interdisciplinary Training support ITP's early intervention evidence-based treatment model, which focuses on coaching and building the capacity of parents, caregivers, and other professionals in a child's life to implement supports and services they need to enhance the child's development.

The Medicaid Children's DD Program offers a wide array of benefits for children ages birth to 18 years of age based on the individual needs of the child that include intervention, support and collaboration services. The ITP offers services that are evidence-based treatments for children under three years of age, and does not offer the full array of DD benefits as defined under the Medicaid waiver.

The ITP informs families of all willing and qualified providers serving children under age three in Idaho to ensure they are aware of options, such as respite care or support services for their child, not otherwise provided by ITP.

Medicaid requirements for children's DD services are found in [IDAPA 16.03.10 "Medicaid Enhanced Plan Benefits"](#), Sections 520 – 528; 660 – 666; and 680 – 686.

Forms and Resources:

- Medicaid Children's DD Services IDAPA rules - <http://adminrules.idaho.gov/rules/current/16/0310.pdf>
- Medicaid Children's DD Program Website – www.childrensdds services.dhw.idaho.gov
- Medicaid Family-Directed Services Website – www.familydirected.dhw.idaho.gov
- DD Services Family Packet (HANDOUT)
- Medicaid DD Services Flow Chart (GUIDELINES)
- ITP and Medicaid Services Crosswalk (GUIDELINES)

Medicaid DD Services Provided by ITP:

Family Education

Family education gives families an opportunity to receive general education related to their child's disability, as well as receive training on specific techniques to use with their child. Family education supports the early intervention evidenced-based model, which provides coaching to build the capacity of parents and caregivers the skills, knowledge, and resources they need to support their child. This service may address all areas of child development including social/emotional, cognitive, fine/gross motor, expressive/receptive language, and adaptive behaviors.

Example of Family Education for ITP:

Parents are having a difficult time understanding their child's needs. The Developmental Specialist provides education to the family regarding their child's development, and coaches them to learn techniques they can use with their child in areas where they are struggling.

Service Parameters:

- May occur in a group setting not to exceed five families
- Must be provided to the parent/legal guardian, or family member acting as the caregiver
- The child may or may not be present

Medicaid Eligibility:

Children must meet Medicaid's developmental disabilities criteria, and be enrolled in State Plan Home and Community Based Services as determined by Medicaid's Independent Assessment Provider. Children enrolled in the Children's DD Waiver are also eligible for Family Education.

Provider Qualifications:

Providers delivering family education must have a Birth - 3 Habilitative Intervention Certificate of Completion.

Documentation:

The Developmental Specialist must survey the family's satisfaction of the service following a family education session (during the joint planning for the next visit). The DS documents the family's satisfaction of the service in the CSR.

- **CSR Example:**

Joint Plan for Next Visit: Talked with mom about responding to Joey's sensory needs by making a game out of it. I asked mom if she is happy with the services or feels like we should try something different. Mom stated she is pleased with session and progress is being made.

Interdisciplinary Training

Interdisciplinary training encourages professionals to collaborate on treatment plans and cross-train other disciplines in order to promote consistency when working with a child. This service supports ITP's early intervention evidence-based practice model, which involves multi-disciplinary teaming and co-visiting in order to promote consistency and collaboration for every child.

Interdisciplinary training includes health and medication monitoring, positioning and transfer, intervention techniques, positive behavior support, and use of equipment.

Example of Interdisciplinary Training for ITP:

The child is receiving speech therapy and family education. The speech therapist has a co-visit with the developmental specialist to collaborate on the plan.

Service Parameters:

- Must be provided during the provision of a support or intervention service.
- Must be provided between a Developmental Specialist and other discipline. Training between the same discipline or between two non-waiver providers (OT, PT, SLP) is not billable.
- Two professionals may bill at the same time (for ITP this is a co-visit). The DS always bills the interdisciplinary training service, while the OT, PT, and SLP bill services through their discipline.
- The child must be present during interdisciplinary training.

Medicaid Eligibility:

Children must meet Medicaid's ICF/ID level of care criteria, and be enrolled in the Children's DD Waiver as determined by Medicaid's Independent Assessment Provider.

Provider Qualifications:

Providers delivering interdisciplinary training must have a Birth - 3 Habilitative Intervention Certificate of Completion.

Documentation:

The Developmental Specialist must ensure CSR's include an explanation of the training, including who was involved and what occurred during the co-visit.

- **CSR Example:**
A co-visit took place today with the OT. Joey requires assistance with his fine motor during feeding. The OT provided training on specific techniques to use during his dinnertime.

The IFSP's child outcomes pages should discuss how professionals identified on the child's IFSP will provide training to one another to address the child's outcome.

- **Strategy Example:**
The OT will train the DS on fine motor techniques during Joey's mealtime.

Additional Medicaid Services Available for Children Age Birth to Three:

ITP only seeks Medicaid reimbursement for Family Education and Interdisciplinary Training; however, ITP provides a wide array of benefits in accordance with Part C to meet every child's needs regardless of the funding source.

Medicaid offers additional support and intervention services that are not included under Part C but are available to families if they wish to access them. The ITP informs families of all willing and qualified providers serving children under age three in Idaho to ensure they are aware of options, such as respite care or support services for their child, not otherwise provided by ITP.

The ITP, in its case management role, ensures these services are identified on the IFSP, are included in the budget-costing sheet, and are delivered in accordance with the IFSP. The following list describes these Medicaid DD services.

Respite

Respite gives parents or unpaid caregivers a break from their caregiving responsibilities.

Service Parameters:

- Children must be living with an unpaid caregiver
- Cannot exceed 14 consecutive days
- Cannot be provided on a long-term basis as a daily service so the unpaid caregiver can work
- DDA's can provide group respite in the center with 1:6 ratio; community 1:3 ratio.
- Independent respite providers cannot deliver group respite.

Medicaid Eligibility:

Children must meet Medicaid's developmental disabilities criteria, and be enrolled in State Plan Home and Community Based Services as determined by Medicaid's Independent Assessment Provider. Children enrolled in the Children's DD Waiver are also eligible for respite.

Provider Qualifications:

DDA providers or Independent respite providers are qualified to deliver respite.

The list of qualified providers is at www.childrensDDservices.dhw.idaho.gov, or the family can ask someone to enroll as a Medicaid independent respite provider.

Documentation:

Providers must maintain documentation of each service provided. Documentation requirements are outlined in IDAPA 16.03.10.664.

Habilitative Supports

Habilitative supports provide an opportunity for children to participate in community activities with typical peers.

Service Parameters:

- Cannot supplant the role of the parent (parents just needing a break should access respite services)

- Child must be engaging with typical peers in community activities
- DDA's can provide group supports with 1:3 ratio

Medicaid Eligibility:

Children must meet Medicaid's developmental disabilities criteria, and be enrolled in State Plan Home and Community Based Services as determined by Medicaid's Independent Assessment Provider. Children enrolled in the Children's DD Waiver are also eligible for habilitative supports.

Provider Qualifications:

DDA providers are qualified to deliver habilitative supports. The list of qualified providers is at www.childrensDDservices.dhw.idaho.gov.

Documentation:

Providers must maintain documentation of each service provided. Documentation requirements are outlined in IDAPA 16.03.10.664.

Providers must submit 6 month and annual provider status reviews to the ITP service coordinator. Refer to the "Medicaid DD Case Management" section of the e-Manual for the process.

Habilitative Intervention

Habilitative intervention is used to develop adaptive skills and address maladaptive behaviors for children in the home, community, and center. This service offers direct one-on-one intervention with the child, and requires Family Training to help the family learn and carry out the intervention techniques to use with their child.

Service Parameters:

- DDA's can provide group intervention with 1:3 ratio
- A habilitative evaluation must be completed to develop objectives and intervention strategies prior to providing intervention
 - Evaluations must include a skills assessment, functional behavioral analysis, review of all assessments and histories, and a professional summary interpreting the results and recommendations for treatment
- Children must receive some level of family training

Medicaid Eligibility:

Children must meet Medicaid's ICF/ID level of care criteria, and be enrolled in the Children's DD Waiver as determined by Medicaid's Independent Assessment Provider.

Provider Qualifications:

Providers delivering interdisciplinary training must have a Birth - 3 Habilitative Intervention Certificate of Completion.

Documentation:

Providers must maintain documentation of each service provided. Documentation requirements are outlined in IDAPA 16.03.10.684.

Providers must submit a Program Implementation Plan, as well as 6 month and annual provider status reviews to the ITP service coordinator. Refer to the “[Medicaid DD Case Management](#)” section of the e-Manual for the process.

Family Training

Family training is one-on-one instruction to the family to help them learn intervention techniques to use with their child. Parents are required to receive family training when their child is receiving habilitative intervention to ensure the family participates in the direct intervention time with their child.

Service Parameters:

- Required when the child is receiving habilitative intervention
- Cannot be provided in a group

Medicaid Eligibility:

- Children must meet Medicaid’s ICF/ID level of care criteria, and be enrolled in the Children’s DD Waiver as determined by Medicaid’s Independent Assessment Provider.

Provider Qualifications:

Providers delivering interdisciplinary training must have a Birth - 3 Habilitative Intervention Certificate of Completion.

Documentation:

Providers must maintain documentation of each service provided. Documentation requirements are outlined in IDAPA 16.03.10.684.

Providers must submit a Program Implementation Plan, as well as 6 month and annual provider status reviews to the ITP service coordinator. Refer to the “[Medicaid DD Case Management](#)” section of the e-Manual for the process.

Services for Intensive Needs

Additional waiver service options are available for children who have severe aggression, self-injury, or other dangerous behaviors, or who are at risk of or are experiencing a crisis. When intervention services are not showing outcomes and behaviors are worsening, these services may be an option for a family to consider:

- Therapeutic Consultation
- Crisis Intervention

It is not anticipated that a child under the age of three would rise to this level of need; however, it is an option available to families and can be explored if the child’s current intervention services are not improving the child’s behavioral concerns.

For additional information on these service options, refer to the Medicaid rules at IDAPA 16.03.10 “Medicaid Enhanced Plan Benefits”, section 680-686.